

Canadian Mental Health Association Simcoe County – Addiction Services

Addiction Services have programs in Barrie, Midland, Collingwood, and Orillia.

To make a service inquiry please call one of our offices.

Barrie- (705) 726-5033

Midland- (705) 526-0393

Collingwood- (705) 444-2558

Orillia- (705) 325-4499

Adult Program

Provides outpatient treatment for those who are concerned about their own or someone else's use of alcohol or drugs.

Harm reduction philosophy.

Assessment will determine course of treatment options.

Individual as well as group counselling is offered.

Youth Program

Provides early intervention to youth, while assisting in making healthy choices regarding substance use.

Harm reduction philosophy.

Individual counselling, for those 24 years of age and under.

Assessment will determine course of treatment options.

Gambling Program

Provides outpatient treatment services for those who are concerned about their own or someone else's gambling behaviour.

Assessment will be completed to ensure appropriate treatment interventions.

Harm reduction philosophy.

Individual counselling is offered.

Opioid Treatment Program

The Opioid Treatment program provides individual counselling and support to anybody concerned about their use of opioids or who is on a Methadone or Suboxone program. If you are currently receiving Methadone Maintenance Treatment from another service provider you are still eligible to receive services through this program. Service is also available to concerned family and friends.

In conjunction with the umbrellas program (see description below) services are also available for parents who are using any substances and have children 6 years of age and under.

Umbrellas Treatment Program

Umbrellas provides self referred community based counselling and support for women who are pregnant, or mothers of children 6 years of age and under who are concerned about their own, or someone else's substance use. We recognize that women may use drugs or alcohol to cope with difficult life situations. Services are based on harm reduction principles and other best practice research. Services include individual and group counselling and fast track admission to designated residential treatment facilities.

Sessions can be arranged in other community locations for those who encounter barriers to attending in-office appointments.